

THE BULLETIN

THE ROTARY CLUB OF INVERLOCH INC

VOLUME 22, NUMBER 4, 11th. July 2007.

TONIGHT'S MEETING

Venue:	Esplanade Hotel Inverloch.
Sergeant @ Arms	Bruce Mitchell.
Program:	Club / Board Night.
Fellowship:	6.15 pm. for 6.30 pm Start. Come early and enjoy fellowship with Inverloch Rotarians

LOOKING AHEAD

DATE	PROGRAM
Wed 18th. July	Farwell dinner for Ashlie Grasa. Partners night at the Inlet Hotel.
Wed 8th. August	Club / Board
Wed 3rd. October	District Governors Visit

LAST MEETING THURS. 4th. July 2007

Venue:	Esplanade Hotel Inverloch.
Chair:	Ken Fisher.
Sergeant @ Arms	Bruce Mitchell.
Program:	Club Night.
Apologies :	Patrick Barry, Paul Everitt, Marcus Hall, Ken Lehmann, Issabella McLean, John Peterson, Graeme & Judy Robertson, Ross Wise.
Attendance :	Present 11 Percentage 56%.

MEN DO REMEMBER ANNIVERSARIES

A woman awakes during the night to find that her husband is not in bed. She puts on her robe and goes downstairs to look for him. She finds him sitting at the table with a hot cup of coffee in front of him.

He appears to be in deep thought, just staring at the wall. She watches as he wipes a tear from his eye and takes a sip of his coffee.

"What's the matter, dear?" she whispers as she steps into the room.

"Why are you down here at this time of night?" the husband looks up from his coffee, "Do you remember 20 years ago when we were dating, And you were only 16?" he asked solemnly.

The wife touched to tears thinking that her husband is so caring and sensitive.

"Yes, I do" she replies.

The husband paused. The words were not coming easily.

Do you remember when your father caught us in the back seat of my car?"

"Yes, I remember" said the wife, lowering herself into a chair beside him.

The husband continued. "Do you remember when he shoved the shotgun in my face and said, "Either marry my daughter, or I will send you to jail for 20 years?"

"I remember that too," she replied softly.

He wiped another tear from his cheek and said, "I would have gotten out today."

TRINITY GRAMMAR PARENTS' ALCOHOL & DRUG RESOURCE

Extract from Herald Sun June 18, 2007 by Jane Metlikovec

A Melbourne private school is leading the way in tackling teenage drug and alcohol use.

In a Victorian first, parents of Trinity Grammar School students have written and produced a handbook to help educate families about the dangers of drug and alcohol abuse.

The release of the Trinity Parents' Alcohol & Drug Resource book comes after recent reports that students at other private schools have been dealing drugs on campus.

The booklet, which has been in production since last year, provides parents with guidelines for dealing with situations where drugs and alcohol may be present.

Trinity Grammar School deputy headmaster Rohan Brown said parents were often left in the dark when it came to understanding teenage culture.

He said the aim of the booklet was to provide parents with a consistent approach on issues relating to drugs and alcohol.

Parents were particularly concerned with adolescent alcohol consumption and were often unsure if their child drank, and if it was acceptable for them to take small amounts of alcohol to parties, he said.

"Binge drinking is extremely detrimental to children and it is often where they start. Kids drink underage, which sometimes then leads to harder drugs," Mr Brown said.

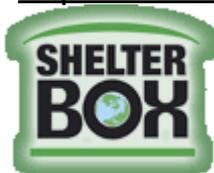
"We believe it is up to our community, schools and families to work together to educate young people of the harm caused by risk-taking behaviour."

He said Trinity had received an overwhelming response to the booklet, which he hoped would be reprinted by other schools.

"We have purposefully not copyright-protected the booklet because we hope other schools will rip our cover off, and add their own introductions and comments," he said.

SHELTER BOXES

An extracted from web site <http://www.shelterboxaustralia.com.au/honour>



ROLL OF HONOUR

Box Serial No	Sponsor	Destination
OZ 013	Rotary Club of Inverloch	Grenada
OZ 166 to OZ 168	Rotary Club of Inverloch	Indonesia - Tsunami
OZ 1042 OZ 1043	Rotary Club of Inverloch	Islamabad - Pakistan
OZ2145	Rotary Club of Inverloch	
OZ2146	Rotary Club of Inverloch	

CONTENTS OF A SHELTER BOX





BOWELSCAN is a Rotary Community Service program, developed in 1982 in District 9640, and now conducted by more than 200 Rotary clubs across eastern Australia. These clubs issue approximately 80,000 kits during their annual colorectal screening programs.

Since Bowelscan commenced more than 600 people with bowel cancer and 1,800 with polyps have been detected.

Bowelscan is essentially a public awareness program, seeking to increase community knowledge of bowel cancer and its symptoms with a view to its earlier diagnosis.

Cancer can happen in any part of the body. If a cancer is visible, like on the skin, one would get suspicious and get something done early – often resulting in a cure.

Cancer in the large bowel (also called the colon) is hidden, so is often discovered late, resulting in disastrous consequences. Bowel cancer is the most common internal cancer in both males and females and the risks rise sharply from the age of 40.

The project also involves the distribution to the public of a simple test kit on which is collected small specimens of faeces for laboratory analysis to detect evidence of minute traces of internal bleeding.

In 1990 a national committee was established to develop and maintain procedures and protocols. This committee is now comprised of representatives from Districts 9550, 9630, 9640, 9650, 9670, 9680, 9750, 9780 and 9820 - all of whom conduct Bowelscan programs.

The programs are organised on a district basis with the district governor appointing a committee to be responsible for its implementation. The program runs in May each year.

Annual screening reduces the mortality rate by 33%. The Rotary BowelScan program will be continuing until the Australian Government program covers all people at risk.

District 9820 Bowel Scan Medical Advisor, Dr. Andrew Lin and District 9820 Bowel Scan Coordinator, John Campbell (of the Rotary Club of

Cranbourne) strongly recommend all people over 40 to participate in this important program.

CONGRATULATIONS TO ALL THE KIDS WHO WERE BORN IN THE 1940'S, 50'S, 60'S AND 70'S !!

First, we survived being born to mothers who smoked and/or drank while they carried us.

They took aspirin, ate blue cheese dressing, tuna from a tin, and didn't get tested for diabetes.

As children, we would ride in cars with no seat belts or air bags.

Riding in the back of a van - loose - was always great fun.

We drank water from the garden hosepipe and NOT from a bottle.

We shared one soft drink with four friends, from one bottle and NO ONE actually died from this.

We ate cakes, white bread and real butter and drank pop with sugar in it, but we weren't overweight because.....

WE WERE ALWAYS OUTSIDE PLAYING!!

We would leave home in the morning and play all day, as long as we were back when the streetlights came on.

No one was able to reach us all day. And we were O.K.

We would spend hours building our go-carts out of scraps and then ride down the hill, only to find out we forgot the brakes. After running into the bushes a few times, we learned to solve the problem .

We did not have Playstations, Nintendo's, X-boxes, no video games at all, no 99 channels on cable, no video tape movies, no surround sound, no cell phones, no text messaging, no personal computers, no Internet or Internet chat rooms.....WE HAD FRIENDS and we went outside and found them!

We fell out of trees, got cut, broke bones and teeth and there were no lawsuits from these accidents .

We played with worms and mud pies made from dirt, and the worms did not live in us forever.

We made up games with sticks and tennis balls and although we were told it would happen, we did not poke out any eyes.

We rode bikes or walked to a friend's house and knocked on the door or rang the bell, or just yelled for them!

Local teams had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment. Imagine that!!

The idea of a parent bailing us out if we broke the law was unheard of. They actually sided with the law!

This generation has produced some of the best risk-takers, problem solvers and inventors ever!

The past 50 years have been an explosion of innovation and new ideas.

**We had freedom, failure, success and responsibility, and we learned
HOW TO ---- DEAL WITH IT ALL!**

And YOU are one of them! CONGRATULATIONS!

You might want to share this with others who have had the luck to grow up as kids, before the lawyers and the government regulated our lives for our own good. And while you are at it, send this it to your kids so they will know how brave their parents were.

Kind of makes you want to run through the house with scissors, doesn't it?! PS -The BIG type is because your eyes are shot at your age because you didn't wear sunglasses as a child and probably did other things that make you blind.

Congratulations:

- 24th. July Patrick Barry Birthday**
- 29th July Ian Monro Birthday**
- 29th July Ross Wise Birthday**
- 31st. July Ken Fisher Birthday**
- 9th. August Christine Peterson Birthday**
- 9th. August Marilyn and Robin Warren Anniversary**
- 24th. August Marcus & Pam Hall Anniversary**
- 30th. August Ken & Joan Anniversary**
- 8th Sept Marcus Hall Birthday**
- 14th. Sept Ian & Margaret Blackwell Anniversary**

- 2nd October David Bloomfield Birthday**
- 10th. October Gerry Lonergan Birthday**
- 18th. October Ray Peters Birthday**
- 22nd October Sue McCauley Birthday**
- 1st December Aileen Mitchell Birthday**
- 22nd. December Bruce & Aileen Mitchell Anniversary**
- November**
- 26th. December Judy Robertson Birthday**
- 31st.December Graeme Robertson**
- 1st January Pam Hall Birthday.**
- 6th. January Frank & Lorraine Anniversary**
- 12th January Ian & Mary Anniversary**
- 26th. January Ross & Judy Wise Anniversary**
- 21st February Marilyn Warren Birthday**

**26th February Margaret Fisher
Birthday**

4th March Heather Everitt Birthday

21st 5th. March Bruce Mitchell Birthday

19th. March Fae Fell Birthday

25th March Gerald Banks Birthday

27th. March Patrick & Sue Anniversary

19th. March Fae Fell Birthday

25th March Gerald Banks Birthday

**27th. March Patrick Barry and Susan
Anniversary.**

14th. May Joan Peters Birthday

20th. May Ivan Fell Birthday

23rd May Hilda Barron Birthday.

23rd May Robin Warren Birthday

28th. May Frank Bain Birthday

8th. June Lorraine Bain Birthday

17th June Mary Monro

26th. June Isabella Mclean Birthday

4th. July Joan Lehmann Birthday

6th. July Ken Mclean Birthday

PHILOSOPHY OF LIFE

A cigarette shortens your life by 2 min.

A beer shortens your life by 4 min

A working day shortens your life by 8 hours!!!!



I REST MY CASE!!!!

FROM THE EDITOR

The Bulletin belongs to all Inverloch Rotarians and should be used by ALL the Members and ESPECIALLY the Board Members to communicate, inform, and remind Rotarians.

I am also always struggling to keep up a supply of clean jokes of various sizes to fill any blank space that I cannot fill with the good articles.

I hate typing so preference will be given to articles via email, CD, Memory stick, or floppy disk (I still have one on my current computer). If articles need to be typed please have them to me by Sunday, and only urgent items will be accepted as late as Tuesday.

Articles can be left in the mail box of Unit 9 – 5 Freda St. or emailed to beng@bigpond.com.au.

I also enjoy finding information on the net and from my browsing have found that Rotary information is very abundant on the net. I

will research and incorporate any topic that members would like to read in the Bulletin.