



29th February 2012

ROTARY CLUB OF INVERLOCH Inc.

COMING EVENTS:

- Saturday 3rd March. Food and Wine Festival at The Glade. 11am to 5pm
- Saturday 10th March. Inverloch Jazz Festival Parade and Market on A'Beckett St.

APOLOGIES: Ron Paice, Marilyn and Robin Warren

CONGRATULATIONS: BIRTHDAYS:

- 2nd March John Peterson
- 4th March Heather Everitt
- 8th March Ian Blackwell

MEETINGS at the INLET HOTEL Wednesdays.6.15pm Fellowship, 6.30 Meeting
MEETING SCHEDULE

DATE	PROGRAM	INVITE
Wednesday, 29 th Feb	SES Inverloch, presentation of cheque from boat raffle.	Rotarians, Partners and Friends
Wednesday 7 th March	Club/ Board Meeting, Speaker: Gavin Slavin, Bass Coast Cycle Challenge Representative.	Rotarians



Last Meeting: President Ken Fisher presenting a Rotary Mug to Guest Speaker Marcus Pearce.

Marcus Gave us an entertaining story of his life and how he has come to understand the various factors which help to determine our health and well being.

He has joined with his wife Sarah in her Chiropractic service in Wonthaggi, and has adopted a life style and diet which is attuned to avoiding modern processed foods and artificially ripened "fresh" foods.

He also spoke on the influence our social life can have on our ability to delay the onset of many age-related conditions.

His talk was followed by a lively question and answer session. Thanks Marcus for a thought-provoking evening.

INVOCATION: For good food, good fellowship and the privilege of giving service through Rotary, we give our thanks.
TOAST: Australia and Rotary.

